Natrum Muriaticum
Sodium Chloride
Homeopathy School International
- Natrum Muriaticum -

Sodium Chloride
- Table Salt, Rock Salt
- Mineral: Halite
- Salt of the Earth
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- Naturally occurs in the ocean
- Mineral salt content of sea water similar to the mineral proportions of the body fluids
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- Hundreds of thousands of square miles of underground salt rock beds on earth
- Recovered by mining or solar evaporation
Production:

- US largest producer of salt (mostly in 15 states)
- Large productions also in Germany, Rumania, Russia, Spain and Iran
Sodium Chloride in the body:

- 40% more than any other salt
- Maintains proper water balance
- Stimulates the nervous system (sodium-potassium pump)
- Stimulates gastric juices and appetite
Deficiency:

- Blood thickens
- Low BP
- Rapid Pulse
- Veins collapse

Excess:

- Accumulation of extra-cellular fluids
- CNS dysfunctions
- Brain cells shrink
Appearance:
- Dry, shrivelled, cracked lips
- Puffy (edemas), pale, waxy look
- Pear shaped (skinny upper body – heavier lower body)
Mental Picture:

- Grief, silent, dwells
- Emotionally hurt, withdrawn, guarded
  (the wall)
- Sensitive, vulnerable
- Sympathetic, dignified
- Relationships very important
- Very responsible, fastidious, averse
  consolation
Fears:

- Heights
- Narrow spaces
- Robbers
Physical Symptoms:

- Ailments from grief (any)
- Frequent or chronic H/A’s, esp. 10.00 AM
- Chronic sinus infections, copious clear discharge
- Cold sores, cracked lips
- Chronic constipation
General Symptoms:
- Thirsty for cold drinks
- Craves salt, sour, bread, cold drinks
- Warm blooded, agg. by heat or sun
- > open air, pressure against back
- > or < by the ocean
Nucleus:

- Closed, defensive, responsible
- Silent grief, dwells on past
- Craves salt
- Aggravated by heat and sun
- Egg-white like discharges
- > or < by the ocean
Other Salt remedies:
Natrum Arsenicum, Natrum Carbonicum, Natrum Phosphoricum, Natrum Sulphuricum

Compare with:
Natrum Carbonicum, Natrum Sulphuricum, Ignatia, Sepia, Aurum